



**Referrals are the ♥ of our business!**

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# *Doreen's News*

***Be Inspired and Live a Life of Passion***

Summer 2009

## **THE HOUSING RECESSION IS OVER!**

While doing my research in different districts of Toronto, I find that prices are back where they were a year ago and multiple offers are now the order of the day.

Those who were able to take advantage of the lower prices will be happy. Others will be wondering what happened and where they were when the party was on!

Please be assured that you can still find a good deal if you look carefully and if you are willing to do a bit of “fix up”. When you put your plan together, remember that the government will chip in a bit for renovations and you can save a huge amount on your mortgage by planning it carefully. Mortgage rates are still very low.

Five or ten years from now your home will look like a real bargain because housing values always increase over time.

My research has shown that to be so! I owned a home 34 years ago that is now valued at ten times as much as I sold it for in 1976.

Those who have bought a home in the past, raised their family and are now ready to move on, or retire, are happy indeed! They have an equity in their home that will allow them to retire in comfort!

Toronto real estate is a great investment either for first time buyers who are beginning a family or for investors who will buy and allow the rent to pay their mortgage for them.

Let me help you find your dream home at the best possible price with the fewest problems.....  
Call Doreen at 416-487-0827

Check out our website for free information for buyers and sellers!

**[www.doreenbaran.com](http://www.doreenbaran.com)**

See a Virtual Tour and imagine how your home would look presented to the world just like that. Awesome!

### **INSIDE THIS ISSUE**

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## DOREEN'S TEAM CARES !



I am proud to welcome MICHAEL TOUGH to my Team. Twenty five years of finding the perfect location for film and television productions makes him well suited to now help his new Real Estate clients find that perfect place.

Michael's film career has taken him to odd and diverse locations around the world and he has had the pleasure of working with some of Hollywood's notables. His greatest thrill remains hearing a Designer or Director excitedly tell an actor or a crew member about 'how perfect the location is that Michael found'. That same passion and enthusiasm for the 'perfect location' will translate into Michael's commitment and dedication to his Real Estate client.

Michael and his wife, Trish live in Aurora with their three wonderful daughters: Sara 15, Rachel 13, & Rebecca 10. Faith and family are the foundation of his character, and I have no doubt he will bring that integrity and devotion to every person he helps in his new career. His diverse knowledge of location and transaction will adapt well to the real estate profession. With his values and integrity, he is an exciting addition to the team.

We are more confident than ever that we can provide you with a WOW experience whenever you require our assistance in a real estate transaction.

Welcome Michael!

Michael Tough  
416-209-5325

"Four short words sum up what has lifted most successful individuals above the crowd; *a little bit more*. They did all that was expected of them and a little bit more."

A. Lou Vickery  
Writer

### Staging Tips - Decorating a Fireplace Mantel



If you are fortunate enough to have a fireplace, ornamental or working, you have a huge selling feature. Great care must be taken to display it at its very best. Start by removing all personal items such as family pictures and heirlooms. Once the mantel is clean you can start to put some non-personal items back. Try to stay with an odd number of items. 3, 5 or 7 items should be arranged back on the mantel. Any more than 7 will make it look cluttered. Remember you want to show off the architectural features of your home and in this case, less is more.

Tracy Sheppard, Stager and Realtor  
TLS Designs, 416-762-7011, [tlsdesigns@hotmail.com](mailto:tlsdesigns@hotmail.com)



Remember ***“Knowledge is Power”*** and  
Knowledge is what I offer my clients!  
Don't be shy!  
Call Doreen at **416-487-0827**

**Knowledge is power.... But only if it is used!**

## Through My Eyes

Dear Friend                    A NEW DIRECTION !

Are you, or someone you know looking for a new direction in your life ?

I would like to tell you about my life and my profession as I live and enjoy it with Keller Williams Referred Realty.

Today I will share with you the advantages of being associated with Keller Williams Referred Realty, wondering whether you, or anyone you know, would be interested in exploring the possibilities of joining our company.

I am always looking for agents or “aspiring agents” who have good values and high integrity. We search for the very best people and choose carefully. Helping to build Keller Williams Referred in this way, allows me to share in the company Profit Sharing program. About half of the office profit each and every month is shared with the Associates who are helping to build the business. When we retire we can continue to receive our Profit Share and should the time come, the profit share can be passed on to our Estate! Personally, when I am able to bring either a new or a seasoned agent into our office, I am proud because I know that I have helped him or her to make a major improvement in their career. This is a life I truly enjoy.

Keller Williams Referred goal is to have every one of our agents in the top 20% of all the real estate agents in Toronto. We have the opportunity to be educated by the Keller Williams Real Estate University. Glenn McQueenie, our Broker, personally teaches many of the classes and these are the ones I rarely miss ☺ He is awesome and dedicated !

If you or anyone you know is looking for a new direction in this time of a changing economy, please call Doreen at 416-487-0827 and let's talk!

Warmly,

Doreen

**EXPERIENCE HAS NO EQUAL**

## **MATCHMAKER, MATCHMAKER, MAKE ME A MATCH !**

It is always a joy to bring a property and a Buyer together and it's a joy to find the perfect person to purchase from one of my clients.

### **WOW! A STUNNING TWO BEDROOM CONDO IS COMING ON THE MARKET !**

This condo is in Richmond Hill, just north of Hwy 404, off Yonge Street. The owner is meticulous and you will be able to move in with absolutely no work to be done. The plan is wonderful because it is a two bedroom split with two baths. The master has a 4 piece bath and walk-in closet. The second bedroom has a double closet and walk-out to a nice balcony.

Elegant oak strip hardwood floors are in all rooms except the kitchen and baths which are ceramic. This is a gracious home with a lovely fireplace as a focal point.

The second parking space is great for a two car family or, it can be leased to reduce the maintenance fees.

If you are looking for a special home near 407. Viva Buses, Shops and Shopping Mall,

**THIS IS IT !**

**GIVE DOREEN A CALL AND ARRANGE A SNEAK PREVIEW ! 416-487-0827.**

## **THE ORGANIC BUTCHER – TWO ADDRESSES**

The Organic Butcher has two locations. My favorite, where I have been finding their special steaks to give me strength when I dine like a princess .

THE BUTCHER..... 2636 Yonge St.....across from Sporting Life ....416-483-5777  
North of Eglinton Ave.

THE BUTCHER.....10 Disera Drive.....across from the Promenade ..905-731-6328  
Bathurst & Centre St.



Marlon, the owner, and Eric, his invaluable manager, both with big hearts are special friends of mine. They continue to donate wonderful hams, turkeys and other produce to my favorite charity (The Warehouse Mission Church) which continues to bring the homeless off the streets of Toronto and into Community.

## THE GIFT OF LIFE

My daughter-in-law, Barbara, braved the weather this past Christmas Eve during an unusual and severe storm in Vancouver. I pondered...

She walked out during the storm, taking both the Sky Train and a bus to Vancouver to give, not only blood but blood platelets to save a life. It took 7 hours with the storm and she didn't know whether she would be able to make the journey there and back with the terrible weather.

I told my friend Kathryn about her and what she was up to. Kathryn told me that it was blood platelets that kept her husband, Earl, alive for three years before he passed on.

A young man this afternoon told me that his friend has Lupus and he is alive only because someone is brave enough to donate platelets.

I heard a story by Jack Canfield about a well known speaker who, during his seminar received a wire telling him that his daughter had just lost her leg in a motorcycle accident, Her wire said "Come home as fast as you can, Daddy!"

As Jack Canfield pointed out, it doesn't matter how much money you have or how famous you are, if there is no blood in the blood bank.....it's game over!

This is the ultimate gift to be given during our Season of Giving at Christmas Time or at any time of the year. Barbara has continued to give and now has a special recipient who is being kept alive by her personally.

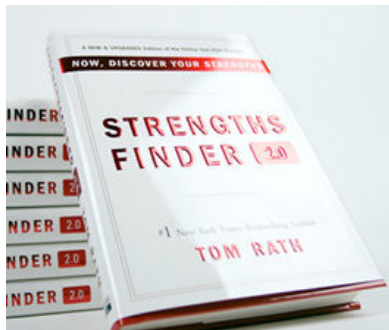
How proud I am to have Barbara as a part of my family, a very valued part of it. We are all proud of you, Barbara.

Platelets is where they take out the blood, remove the platelets and return the blood to the donor.

### MAKE YOUR LIFE BETTER

Your life will be better if you focus on your Strengths, the talents that you have.

I recently read a best selling book "The Strengths Finder 2.0 by Tom Rath".



A number of years ago I did the assessment in "NOW DISCOVER YOUR STRENGTHS". Because we all change over time, according to how life treats us and how we respond to life, I decided to do it again. I have changed! Tonight, I was amazed at the difference.

Because I was able to successfully live my life according to my Strengths before, I am planning on doing the same again. I found that I was able to go with the flow of life with more confidence. I focused on my Strengths. It worked!

My recommendation is that you make a visit to your local book store, pick up a copy of "Strengths Finder 2.0" and do the Assessment. We all want to know more about ourselves and how to make the best use of our time, of our lives and how to live effortlessly.

I wish you happiness and success as you journey through life.



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**GRATITUDE FROM AN OPEN HEART**

I have learned my lesson !

When I acknowledge and give thanks for the good that comes to me, even more wonderful things seem to appear.

I am so blessed with the love of others, with knowing that I will always have a warm home in which to live, a soft bed in which to sleep and healthy food for my body.

One of the things that I noticed while I was in St. Johns Rehab letting my body heal, is that I was truly grateful for all the love that was showered upon me and, as I expressed my gratitude and appreciation, even more love was given to me.

Was that one of the lessons I was to learn while there? I believe so!

I also learned that it is quite okay to relax and “go with the flow”, to let life carry you on to where you are supposed to be. Leave the stress of today’s fast paced world behind. Listen to the whisper of the wind and birds in the trees.

I am finding when I do this, I am able to serve my clients in a more relaxed and conscious way. My family and friends are responding to me differently, more lovingly!

Recently while reading a book it was suggested that I make a list of 10 things I would like to have, do or be. AND I was to take another piece of paper and list two actions I was to take to help each of the 10 things to happen. Would I be blessed with any of my desires? Checking the list this morning, the 10 desires had grown to 27 and 20 of them have check marks beside them indicating that they have occurred. They have occurred without stress on my part as I let my life flow.

I am truly grateful to God who has blessed me with the fulfillment of my desires. We must do our share but I am sure that without His knowing what I would like, the 20 of the 27 desires would not have materialized.

God is good !

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I (Doreen) am encouraging my friends and clients to contribute their experiences to be published in the “Jabez Corner” of Doreen’s News. If you have a miracle to share with others, please call Doreen at 416-487-0827. Visit Doreen at [www.doreenbaran.com](http://www.doreenbaran.com) & email: [doreen@doreenbaran.com](mailto:doreen@doreenbaran.com)



## REVERSE AGING ....on a Shoestring

By Doreen

Pride cometh before a fall ! I was so proud of my young and youthful steps as I went about my busy days as a Realtor. This was and is the life I love, where I can help others in one of the most significant parts of their lives.

And then, I had a fall! In January, I fell and broke my hip. Lying in bed and weeping, suffering and with no pride left, I experienced and realized that which so many of my Readers have been through in one way or another. I was helpless! Those who knew about my accident gathered around and gave me faith, courage and love like I never knew existed!

Now it was my turn to do what must be done. I must let my body heal and let my Readers know in my newsletters what was happening in the hope that sharing my experience will encourage others to follow in my footsteps and to tread the path of Reverse Aging. This is my goal! You needn't break a hip to do it. Come with me!

I believe that nothing happens by accident and whatever does happen, if there is a bad side to it, there must also be a good side. Looking for the good will help each and every one of us to live a better and happier life. One thing I am sure of is that I will be a stronger person as time goes on, stronger because of the challenges I am presently overcoming.

Here are two things that I would recommend :

I recommend that you buy a copy of Sang Whang's book, Reverse Aging. He writes in detail about the good that can be found in Alkaline Water. This special water has strengthened my body in the past and it is helping me to recover the use of my body now. It is so essential to me that I asked friends to bring it to me daily while I was in the hospital for two months.



The exercises taught to me by the therapists at St. Johns Rehab Hospital are amazing. These are for a broken hip but I am sure that there are other exercises to help you for whatever injuries you may have. When you first flex your muscles, holding for 5 seconds, or the count of 5, it hurts! Before long, there is no pain from the exercise and the muscle you are working on grows stronger each day. You can feel the difference. Finding a good therapist is worth the time and trouble!

Because I was able to reverse my age before my accident, I know that I can do it again. My body will be young once more ☺ IF I CAN DO IT, SO CAN YOU!

Feel free to call me any time to see what I am doing that may help you. Let's all be "Young, Healthy & Full of Energy". Call Doreen at 416-487-0827.

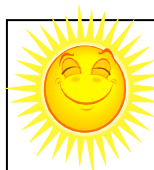
### Frustrated?

Trying to find a home on mls.ca?  
Service has changed to limit information.



I provide complete info –  
automatically to my clients!

- Call Me!



My goal is to be your Real Estate  
Consultant for Life  
If I have added value  
to your life...

Please don't keep me a secret!

Call Doreen at 416-487-0827

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**STRATEGIC BUYERS GUIDE**  
**How to take the mystery out of buying real estate.**  
**by Doreen Baran**  
**Phone or email for your FREE COPY.**  
**Call 416-487-0827 or email: [doreen@doreenbaran.com](mailto:doreen@doreenbaran.com)**

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**TORONTO REAL ESTATE IS ALWAYS A GOOD BUY!**

During the past 33 years I have witnessed the ups and the downs of property values in Toronto. I have sold homes with mortgage rates as high as 19%. Today I saw a Variable Rate of 2.5%. WOW, that is almost getting free money!

There are times when property values fluctuate. I always know that when property prices come down, in time they will rise again and higher than before.

Can you time the market and save money? Very, very difficult! Of one thing I am positive, when you buy your home, it will, over time, appreciate and you will congratulate yourself on an astute purchase.

**Doreen's News**



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