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Doreen's News

Be Inspired and Live a Life of Passion

January 2011

DOREEN'S UPDATE ON REAL ESTATE FOR 2011

Not one of us knows for sure what the year 2011 will bring in the Real Estate Market. History tells us that during most years, the first month or two may be the very best time to buy.

The one way for me to help you now is for you to take advantage of the model I have been using for many years, to provide you with market knowledge. The model I use and offer to you, if you are buying your home in the next year is to have all new listings suitable for you, arrive on your computer at about 2:00 am each day. You will recognize, when you are ready, the perfect home, your dream home, when it presents itself to you.

A couple of years ago, one of my friends bought early in the year and made a wonderful choice. The property had been around for a while without being sold and he saved a great deal on his purchase. Today, he still says that it was his best purchase ever. He is tempted to buy again!

Are you wondering whether this client was using my model? He certainly was and continues to do so from time to time. My Clients all use it. They are very wise Buyers !

I offer you a Free Complimentary Consultation to help you to solidify your dreams, your goals, to find how I can best help you in any way.

I intend to provide a current Market Update each month this year as well as the regular issue of Doreen's News quarterly. The Market Update will go to those who provide me with their email address. Others may have it mailed to them upon request.

Call Doreen at 416-487-0827

Check out our website for free information for buyers and sellers!

www.doreenbaran.com

See a Virtual Tour and imagine how your home would look presented to the world just like that. Awesome!

INSIDE THIS ISSUE

- Staging: Panelling
- Dear Friend:
My Commitment for the year 2011
- Gratitude at 84!
- The Warehouse Mission Moves! Finally!
- What a Wonderful World it will Be!
- Reverse Aging... on a Shoestring
- How to Make 2011 your Best Year Ever!



Through My Eyes

Remember ***“Knowledge is Power”*** and
Knowledge is what I offer my clients!
Don't be shy!
Call Doreen at **416-487-0827**

Knowledge is power.... But only if it is used!

Dear Friend - MY COMMITMENT FOR THE YEAR 2011

My commitment is that I will change the life of every person I touch. It may be with a smile, a hug, a word of encouragement, an expression of love... It may be with the inspiration in Doreen's News or one of many other ways in which we communicate with each other. It will be done with a touch of love and when I change the life of one person, in even a small way, that will radiate around the world to change more lives than we can count.

So many of us say that if we could have the one thing that we want in life, it would be PEACE! We look at this momentous task and see the impossibility of it. I now ask you to visualize what would happen if you were to touch every one, every day in a way to change their life for the better.

I guarantee one thing, you and your life would change for the better and wouldn't it be incredible to have every one of those you touch doing the same thing?

We can change the world and the people in it, one by one, bringing peace throughout the world. Let's all do it !

Happy New Year to you and those you love,



“Even though you may not know how to achieve a lofty goal, set it anyway. You will be surprised at how inspired you'll be and you'll likely take action you wouldn't normally have taken.”

Peggy McColl
Author and Speaker



WE GAVE OUR FRIENDS A CHOCOLATE HOUSE FOR CHRISTMAS !

Michael and I gave Jack and Sylvana a chocolate house for Christmas. This was a reminder that we are still searching for the special home for them, a home they can love.

If you know of a lovely 3 bedroom ranch bungalow with a double garage whose owner is thinking of moving on, please call Doreen at 416-487-0827 and let's see if it's a match.

Where? They would prefer Guildwood, West Hill, Rouge neighbourhoods. However, the home is more significant than the location and they remain flexible in their search.

“Do not wait; the time will never be ‘just right.’ Start where you stand, and work with whatever tools you may have at your command, and better roots will be found as you go along.”

Napoleon Hill
1883-1920, Author of Think And Grow Rich

Staging Tips - Panelling

You can dramatically change the look of a room by installing some panelling and trim. If you would like a French look you can get some thin trim which can easily be cut with a hand saw and create large rectangles on the wall. Divide the wall into three or four sections. You can paint the inside of the rectangle a soft yellow or blue and the outside trim can be done in white. If you have a high ceiling you may decide to use panelling on the bottom and the trim on the second half of the wall space. The cost to do this may be a few hundred dollars but it can change a bare room into a dramatic and pleasing space.

Compliments of Tracy Sheppard, Stager and Caring Realtor,
Direct Line 416-762-7011 tlsdesigns@hotmail.com

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GRATITUDE AT 84!

I turned 84 last August and I am grateful for the opportunity to still be active, healthy and able to help others.

My belief is that it is not necessary to age, that it is only a chronological number. What is significant in life is that you are able to continue with work or pastimes that are meaningful to you, that help others and that keep you active and happy. At any age, I tell others that if you can find something you love to do, it becomes like an artist's work and not a job.

Loving energy surrounds me daily. The way others appreciate the energy within me and how it draws them to me is amazing. Being able to share the wisdom accumulated over the years makes one feel useful. How wonderful to be able to help those in the younger generations to appreciate life. How wonderful to be able to practice philanthropy with passion and to pass the practice on to others.

I am a full time Realtor, I write Doreen's News (an 8 page publication reaching over 1000 readers), I volunteer for 3 charities and I turned 84 last August!

I am grateful for LIFE! If you are doing what you love to do, you never work a day in your life.

“It is good to have money and the things that money can buy, but it's good too, to check up once in a while and make sure you haven't lost the things money can't buy.”

George Lorimer
1867 – 1937, Editor of Saturday Evening Post.

DREAMING OF A NEW HOME ?

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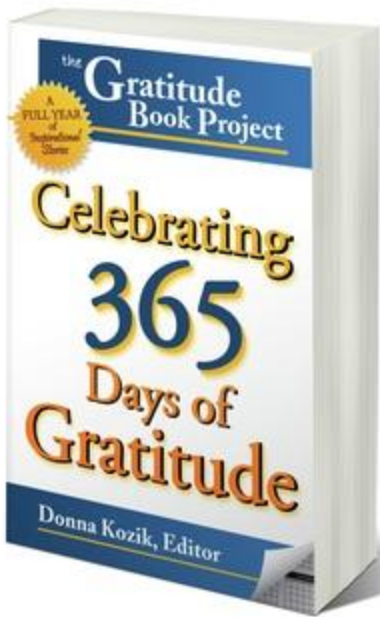
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HOW TO MAKE 2011 YOUR BEST YEAR EVER WITH GRATITUDE!

Being grateful to your Creator and to those who help you as the days go by is a great start.

When you are grateful to others and grateful to God, it is incredible how there is always more of what you are grateful for that increases in your life.

What will your life look like to you if you are to make a list of ten things that you are grateful for each morning before you get out of bed, when your mind is still kind of foggy?.

For many years I have written in my journal and made a list each night before I go to sleep of five things that I am grateful for. There is a decided improvement in doing this first thing in the morning and listing a total of ten things I am grateful for !

Stop now and paint a picture of what you would like your life to be like in 2011. Imagine if you pick up a found penny on the street and show your appreciation for it. Say thank you to God and let Him know that you are open to an abundance of money, say thank you for the love in your life and open your heart to an increase of love.

It seems to me that the practice of expressing Gratitude is the Road to Abundance in all areas of your life.

What would happen if we each try it with intention and inspiration and enjoy the results in 2011?

Find YOUR dream home by visiting www.doreenbaran.com



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THE MIRACLE OF GOD IN MY LIFE !

There was a time in my life when I would awaken at 4:00 am each day shaking with “the guilts”. My sons were grown, I lived alone, no job, no money and my health was depleted. I had been a single mom and worried that I hadn’t done well enough raising my two boys.

One Sunday morning I woke up and something urged me to go to church. This was unusual because I rarely went to church. Where was I to go? My cousin, John, had introduced me to Queensway Cathedral several months before. I went there for the Sunday Service. There was to be another meeting in two days.

It was there on Tuesday, February 22nd, 1981 that I accepted Jesus Christ into my life. This was a miracle for me as God forgave me all my many sins and I slept like a babe each night thereafter !

My gratitude knows no bounds and continues to this day!

I feel that God was with me while I was raising my sons alone, because they have turned out to be wonderful young men with families of their own.

Jesus said “I will be with you always.” He is!

“It doesn’t matter which side of the fence you get off on sometimes. What matters most is getting off. You cannot make progress without making decisions.

Jim Rohn
1930-2009, Speaker and Author

I (Doreen) am encouraging my friends and clients to contribute their experiences to be published in the “Jabez Corner” of Doreen’s News. If you have a miracle to share with others, please call Doreen at 416-487-0827. Visit Doreen at www.doreenbaran.com & email: doreen@doreenbaran.com



REVERSE AGING... on a Shoestring By Doreen

WE ARE ZOOMERS !

Longevity has been my hobby since 1981. Living a long time will be just wonderful. I will enjoy it providing I am healthy and my mind is clear.

During a Senior Driver's Test, the Instructor mentioned that one of the reasons that my mind is still clear and functioning well is that I continue to write Doreen's News for you. Nancy had received my latest issue only the day before! Interesting!

There is a lot of research to do in order to write and to provide you with information that will help those of you who are interested in Reverse Aging and in Longevity.

One thing that continues to stand out is having a Purpose in Life. This works wonders. When one is creating or learning in any way, at any age, your brain is being exercised. This works as a muscle that is being exercised. It will help you to avoid having Alzheimer's ! Let's all work our brains !

The other day I read that when we help others it releases endorphins in us and it also releases the endorphins in the recipient. Have you ever noticed how much more alive you feel when you are in the process of helping someone else?

I have begun to pay attention to see if this is indeed true. The results are that I am more interested than ever in helping others. It makes me feel good ☺

To reverse aging, avoid Stress ! Sleep well ! Drink lots of clean water, preferably Alkaline water. Eat lots of fruit and vegetables, preferably organic. Focus on Gratitude. Every small improvement in your life style will increase the possibility of you living longer, feeling younger and being healthier !

“Dwell not on the past. Use it to illustrate a point, then leave it behind. Nothing really matters except what you do now in this instant of time. From this moment onwards you can be an entirely different person, filled with love and understanding, ready with an outstretched hand, uplifted and positive in every thought and deed.”

Eileen Caddy
1917-2006, Spiritual Teacher and Author.

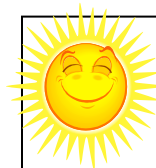
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THE WAREHOUSE MISSION MOVES ! FINALLY !

How long ago was it that we had such a significant disappointment when attempting to find a more suitable home for Ron & Linda Farr's Warehouse Mission ? Probably about seven years. We thought we had the perfect home. The business people in the neighborhood disagreed.

We were turfed out of the new space. The local paper ran our letters of protest and the whole neighborhood became aware of The Warehouse and the good that it was performing in the area. They realized that The Warehouse is a good neighbor. A Community grew that gave people the opportunity to have a place to gather, to learn and to support each other. Jamestown is one of the poorest neighborhoods in Toronto. Here at The Warehouse, folk are given a hand up, not a hand out. Captains Ron & Linda Farr are performing an incredible service to the Community.

On December 5th, there was great excitement as the Dedication of the new facility at 252 Carlton Street took place! I was there and while the place is not quite completed, it is a great improvement over the 700 sq. ft. warehouse on Darling Lane which is still in use. There must have been 150 people at the Dedication. The Chief Secretary of the Salvation Army in Canada, Lieut. Col. Floyd Tidd, cut the ribbon and dedicated the new space.

The Warehouse Mission now has a new Worship Space and a Learning and Life Skills Centre right in the heart of Cabbagetown. I would like to add that it is on the third floor, three stories closer to Heaven !

Congratulations to Captains Ron & Linda Farr and to all the loyal helpers who have stayed to be a part of this great and growing Community !

For those who are interested in learning more about the Warehouse Mission visit www.thewarehousemission.com or call 647-225-3472.

Doreen's News



This is not intended to solicit/breach any buyer or listing contract.

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